



Cheesy Taco Spaghetti

Meal in a Bag



Ingredients:

- (1) 28 oz can ground beef
- (1) 1 lb box half-length spaghetti
- (2) 1 oz packages taco seasoning
- (2) 10 oz cans Ro-tel
- (1) 32 oz box beef broth
- (1) 7.6 oz can Media Crema
- (1) 5 oz Old English cheese spread

Optional:

- ½ cup freeze dried diced peppers (in jar)
- ½ cup freeze dried diced onions (in jar)
- 1 cup freeze dried shredded cheese (in jar)

Prepare:

- Rehydrate freeze dried cheese with ¼ cup cold water (if using); set aside
- Open beef and remove fat as desired
- (Optional) Heat ~1 Tbsp beef fat; sauté peppers/onions (if using)
- Add beef; break up and cook 1–2 minutes
- Stir in taco seasoning, then add Rotel and mix well
- Add spaghetti + beef broth; bring to a boil
- Simmer 10–12 min, stirring, until pasta is nearly tender and most liquid is absorbed
- Stir in Media Crema and cheese spread, breaking cheese into small pieces
- Return to a simmer, then remove from heat and cover
- Let stand until pasta is tender, sauce thickens, and cheese is melted
- (Optional) Sprinkle cheese on top, cover, and let melt
- Serve and enjoy

Notes:

- If using regular spaghetti - break in half before adding. I like using half shredded cheddar and half pepper jack, but use any cheese or combination of cheeses you like.
- For freeze-dried ingredients, store in jars & add oxygen absorbers for longer storage.

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Instructional Video