

Broccoli Cheddar Chicken & Dumplings

Meal in a Bag



meal in a bag



Ingredients:

- (1) 28 oz can chicken
- (1) 16 oz jar cheddar cheese sauce
- (1) 14.5 oz can chicken broth
- (1) 7.6 oz can Media Crema
- (1) 1 oz bag freeze-dried broccoli
- (1) Half-pint jar freeze-dried mirepoix
- (1) 7.75 oz bag just-add-water biscuit mix
- (1) 8 oz bottle of water
- Seasoning of choice

Prepare:

- In a large pot, combine the undrained can of chicken, cheese sauce, mirepoix, media crema, and chicken broth.
- Break the chicken up into bite sized pieces.
- Open the bag of broccoli and crush it until the bits & pieces are the size you would like. Add to the pot.
- Add your seasoning of choice and mix.
- Bring to a simmer over medium- high heat.
- Meanwhile, combine the biscuit mix with $\frac{3}{4}$ cup water (and the remainder of your seasoning if so desired) and mix.
- Once soup is simmering, stir again then drop the dough mixture gently on top of the simmering soup.
- Reduce heat to low, maintain a gentle simmer.
- Cover and simmer for 15 minutes without stirring or lifting the lid.
- Check dumplings for doneness.
- Serve and enjoy!

Notes:



For more recipes, visit:

MEAL in a BAG.com

Instructional Video